

## **What to Bring to "Teen Survival Camp"**



### **Gear and Supply List:**

Below is a list of items that are recommended for "Teen Survival Camp". This list includes a great deal of forethought, preparation and experience and should be seriously considered. Unless listed as "optional" these items should be brought to camp. This list is based on the 2021 program and should not be compared to previous years' or programs.

Note: After the 1 mile hike to base-camp, campers will have an opportunity to thin out items that may not need to be carried all week, yet are still needed for camp (i.e. chapel shirts).

- ☐ Mess kit
- ☐ Utensils (fork, spoon)
- ☐ Sponge (small pre-soaped works good)
- ☐ Camp shoes (i.e. "crops or sandals") **(OPTIONAL)**
- ☐ Hiking boots or tennis shoes (lightweight – no steel toe)
- ☐ Socks & underclothes
- ☐ Rain gear – (jacket + pants, or poncho)
- ☐ Ball cap **(OPTIONAL)**
- ☐ 4+ complete sets of clothes
- ☐ 3 collared shirts for chapel **(Men) (In addition to other clothes)**
- ☐ Skirts or dresses for chapel **(Ladies)**
- ☐ Towel(s)
- ☐ Insect repellent **(OPTIONAL)**
- ☐ Prescription medication (If needed)
- ☐ Emergency glow stick **(OPTIONAL)**
- ☐ Pocket knife (Swiss Army or Leatherman style)
- ☐ Sleeping Bag (light weight)
- ☐ Sleeping pad
- ☐ Backpack (4000+ cu. in.) – **Call for rental availability**
- ☐ Two Trekking Poles **(OPTIONAL)**
- ☐ Water Canteen
- ☐ 32 ounce water storage bottle (wide mouth)
- ☐ Head Lamp
- ☐ Bible
- ☐ Small notebooks
- ☐ Pen/pencil
- ☐ Personal hygiene items (toothpaste, comb, deodorant)
- ☐ Rain fly for back pack (if needed - a large heavy trash bag can work, yet not as efficiently)
- ☐ Snack Shop Money (\$20.00 - \$40.00)
- ☐ Face Masks (Please see our current COVID-19 Policy Document)

### **What Not to Bring:**

Radios, CD, tape players, MP3 players, electronic games, tobacco/alcohol, nicotine substitutes, vaping paraphernalia, illegal products or substances, fireworks, tank tops, t-shirts with worldly ads, guns, cell phones, matches, lighters, buck knives, machetes, magazines, and books (beside Bible and notebook).